

PSYCHOPEDIA SKILL ENHANCEMENT& ASSESSMENT TRAINING PROGRAM

CHILD PSYCHOLOGY







Hours: 1.5 hour every alternate day
Saturday/Sunday = REFLECTION DAY

It would be of three week i.e. 21 days program

This module is divided into 3 sections according to skill wise:

- 1. Introduction to Child Psychology and Legal Acts
- 2. Childhood Disorders and Assessments
- 3. Therapeutic Interventions

Course Description	The aim of this course is to Introduce you briefly to the discipline of child psychology and to learn about the role of psychologists and how they support the lives of children.
Course Objective	This course will help the learner Understand and develop skills of assessment, childhood disorders and factors affecting them.
Course Outcome Skills	After this course you will be able to: Understand the discipline of child psychology Understand the role of psychologist in child development and in parenting Understand the assessments used for ruling out childhood disorders, IQ and SQ assessments.



LEVEL 1

Introduction to Child Psychology

Definition and Key Concepts Major Theoretical Perspectives on Child Development

Factors Influencing Child Development

Biological and Environmental Factors; Attachment and Bonding; Temperament and Personality

Child Development and Behaviour

Social and Emotional Development; Cognitive Development and Learning; Language Development

Legal Acts in the context of child psychology

JJ Act, POCSO, Cyber Security

Case Discussions

LEVEL 2

Milestones of child Development

Childhood Disorders and their non-pharmacological management

ADHD, Autism, Sensory Processing Disorders, Conduct, ODD, Internet addiction, OCD, Learning Disability and their assessments. Externalizing Disorders and Internalizing Disorders

Assessments

IQ, SQ, NIMHANS SLD BATTERY, VANDERBILT, INCLEN, CARS

Report Writing

Projective tests for children

CAT, SCT

Case Discussions

Role plays

LEVEL 3

Therapeutic Interventions

Behaviour Modification, CBT, Grief Counselling Career Counselling, Anger Management, Parenting, Play Therapy, Life skills education for children Toilet Training; Money Management)

Case Discussions

Final Submission

- Conduction of allotted assessment which needs to submitted in mp4 format (50)
- Management Plan (20)
- Objective Exam / Quiz (30)



TANVI MINHAS

- -One year experience at Global child Wellness centre, Ludhiana as a Psychologist
- -MSC Clinical Psychology from Christ (deemed to be) University, Delhi NCR

I am a mental health professional and specializes in clinical Psychology. My passion for mental health cause drove me towards pursuing masters degree in it. I have interned under licensed Clinical Psychologists and have worked with Psychiatrists.

Currently I am working as a Psychologist at Regional Hospital, Una (Himachal Pradesh).

My area of interest and include (but not limited to) Counselling, Psychological Assessments, Behaviour Therapy

For more information visit our website: https://psychopedia.in/

OR

Contact us on **9988366750**