



PSYCHOPEDIA

LEARN TRAIN HEAL

**PSYCHOPEDIA SKILL ENHANCEMENT  
& ASSESSMENT TRAINING PROGRAM**

CLINICAL PSYCHOLOGY



**This module is divided into 3 sections according to skill wise:**

- 1. Understanding basic clinical interview skills**
- 2. Formulations and treatment planning**
- 3. Therapies**

**Hours: 1.5 hour every alternate day**

**Saturday/ Sunday = REFLECTION DAY**

**It would be a four week program.**

**LIMITED SEATS - Only 10 seats**

<b>Course Description</b>	This course aims at providing students with the skills of clinical interviewing, assessment, and formulation in order to help them prepare for clinical work in their practicum.
<b>Course Objective</b>	This course will help the learner Understand and develop skills of assessment and case history taking Develop psychodiagnostic formulations
<b>Course Outcome Skills</b>	<ul style="list-style-type: none"><li>• Conduct a clinical interview and create a structured assessment report including case history and MSE.</li><li>• Formulate diagnosis and differential diagnoses Develop a psychodiagnostic formulation Demonstrate active listening skills</li><li>• Develop treatment plans</li><li>• Initiate therapeutic goals with clients using a CBT Approach</li></ul>

## LEVEL 1

Clinical history taking, Law and Ethics, Intentional clinical interviewing- Basic Listening skills ,Reflection of feeling ,Reflection of meaning, Influencing skills ,Structuring the sessions ,Integration of skills

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## LEVEL 2

Mini Mental Status Examination, Mental Status Examination ,Psycho diagnostic formulation, Clinical interviewing skills.

Multi axial diagnosis, Formulations including CBT (compulsory), Skills of treatment planning, Developing goals in therapy ,Ethical consideration, Dealing with breaches and transference.

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## LEVEL 3

Developmental frameworks in Couples, Family and Group therapy. Family Therapy: Major Dominant theories of Family Couples Therapy: Theoretical frameworks, Issues and therapeutic approaches for working with couples.

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## TRAINING PROGRAM INCLUDES

Case discussions, Role plays, Session plans, Intervention plans, Documentation and report Making and Certificate at the end of the Programme.

## ENDING ASSESSMENT

- Submission of the Case reports basically all the assignments carry ( 20 marks)
- Viva- ( 20marks )
- Active participation in the class (10 marks)

MARKS	GRADES
40 - 50	Grade A
25 - 40	Grade B
25 Less	Grade C

**Platform- Google meet**

### **DISCLAIMER\***

This programe doesn't certify one to be a psychologist or practice counseling.



## **GAYATRI AHUJA**

*I am Gayatri Ahuja Qualified Msc.Clinical Psychology from Christ university Delhi NCR. Having an excellent knowledge of psychology, highly professional attitude, well-developed communication/public speaking skills, and great time management abilities.*

*I am also undergoing training at the Institute of Mental Health and Hospital (IMHH), Agra, in addition to my experience.*

*I had more than 2 years of experience working with several organisations, including*

*2. Prabhat Neuro-Psychiatry and Deaddiction Clinic, (CHANDIGARH).*

*3. Shanti Home, Advanced Deaddiction, Mental Health Clinic, & Psychiatric Rehabilitation, (DELHI NCR).*

Contact us on  
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For more information visit our website:  
**<https://psychopedia.in/>**